

Rhyl 5 Mile, 10 Mile & Half Marathon

Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTi	GunTime	Pos.
5 Mile									
109	Robert White	M	1.	Male 45-49	1.	Buxton AC	00:27:20	00:27:29	1.
71	Carl Aveyard	M	2.	Male 40-44	1.	Shrewsbury Athletics	00:27:26	00:27:35	2.
115	Will Kozer	M	3.	Male 35-39	1.	Widnes Running Club	00:27:57	00:28:03	3.
32	Llyr	M	4.	Male 45-49	2.	North Wales Road	00:27:59	00:28:06	4.
40	Mark Byrne	M	5.	Male 50-54	1.	warrington road runners	00:30:07	00:30:17	5.
116	Paul Ross	M	6.	Male 45-49	3.	Midland Masters AC	00:30:12	00:30:20	6.
108	Callum D'souza	M	7.	Male 35-39	2.	Buxton athletic club	00:30:46	00:30:59	7.
5	Marc Maddock	M	8.	Male 21-34	1.	Widnes Running Club	00:31:46	00:31:59	8.
53	Michael Clough	M	9.	Male 50-54	2.	(Llandyfydog)	00:31:28	00:32:15	9.
63	Simon Bonfield	M	10.	Male 50-54	3.	Abergele Harriers	00:32:26	00:32:36	10.
31	Stephen Coe	M	11.	Male 35-39	3.	(Corwen)	00:32:51	00:33:06	11.
38	Rob Wilson	M	12.	Male 45-49	4.	(Sandbach)	00:34:53	00:35:51	12.
61	Shane Jones	M	13.	Male 21-34	2.	(Llanberis)	00:35:36	00:35:52	13.
11	Philippa	F	1.	Female 50-54	1.	Wilmslow Striders	00:35:51	00:36:11	14.
96	Simon Nixon	M	14.	Male 65-69	1.	Denbigh Harrier's	00:36:35	00:36:54	15.
66	Stephanie	F	2.	Female 21-34	1.	Widnes Running Club	00:37:01	00:37:17	16.
99	George Nixon	M	15.	Male 70-74	1.	Prestatyn RC	00:37:39	00:38:03	17.
65	Tom Humphries	M	16.	Male 21-34	3.	Widnes Running Club	00:38:31	00:38:46	18.
55	Steven Roberts	M	17.	Male 55-59	1.	nwrcc	00:38:52	00:39:13	19.
48	Dan Cathie	M	18.	Male 45-49	5.	(Hyde)	00:38:39	00:39:13	20.
52	Jordan Robinson	M	19.	Male 21-34	4.	(Mold)	00:39:04	00:39:32	21.
100	Tony Payne	M	20.	Male 60-64	1.	Chorlton Runners	00:40:03	00:40:27	22.
106	Kate Brown	F	3.	Female 45-49	1.	Buxton AC	00:39:30	00:40:27	23.
29	Margaret	F	4.	Female 65-69	1.	Sneyd Striders R.C.	00:41:16	00:41:39	24.
34	Nicky Pattison	F	5.	Female 35-39	1.	(St Asaph)	00:41:05	00:41:41	25.
49	Chris Price	M	21.	Male 45-49	6.	warrington road runners	00:41:59	00:42:13	26.
27	Len Jackson	M	22.	Male 65-69	2.	North Wales Road	00:42:23	00:42:37	27.
72	Olivia Crabtree	F	6.	Female 21-34	2.	(Mold)	00:42:15	00:42:44	28.
113	Keith Lane	M	23.	Male 65-69	3.	(Warrington)	00:42:08	00:42:57	29.
103	Stuart Coe	M	24.	Male 70-74	2.	Beaumont RC	00:43:11	00:43:27	30.
88	Peter Bailey	M	25.	Male 60-64	2.	Buxton AC	00:42:47	00:43:35	31.
7	Caroline Cartmill	F	7.	Female 21-34	3.	(Colwyn Bay)	00:42:44	00:43:48	32.
16	Jan Swales	F	8.	Female 60-64	1.	Widnes RC	00:44:20	00:45:15	33.
93	Sarah Nolan	F	9.	Female 45-49	2.	Buxton AC	00:44:24	00:45:21	34.
64	Gwynne Owen	M	26.	Male 50-54	4.	(Llanfairfechan)	00:45:13	00:46:19	35.
107	Dev John	M	27.	Male 65-69	4.	(Llanfair)	00:45:42	00:46:21	36.
10	Andrew Pierce	M	28.	Male 50-54	5.	(St Asaph)	00:45:34	00:46:43	37.
6	Emily Pierce	F	10.	Female 21-34	4.	(St Asaph)	00:45:33	00:46:43	38.
62	Sandra Bentley	F	11.	Female 50-54	2.	Widnes Running Club	00:45:53	00:46:47	39.
43	Laura Carter	F	12.	Female 40-44	1.	Widnes Running Club	00:45:58	00:46:53	40.
19	John Williams	M	29.	Male 45-49	7.	(Holywell)	00:45:52	00:47:14	41.
28	Clare Hill	F	13.	Female 40-44	2.	Sneyd Striders	00:47:02	00:47:25	42.
18	Richard Jones	M	30.	Male 70-74	3.	(Rhyl)	00:46:22	00:47:40	43.
73	Debbie Whitfield	F	14.	Female 35-39	2.	(Wrexham)	00:46:53	00:47:56	44.
86	Helen Jones	F	15.	Female 40-44	3.	(Llangollen)	00:46:53	00:47:57	45.
85	Susan Calvert	F	16.	Female 60-64	2.	(Abergele)	00:46:58	00:48:06	46.
76	Elizabeth Hinde	F	17.	Female 50-54	3.	(Buxton)	00:47:36	00:48:33	47.
4	Irene Blount	F	18.	Female 65-69	2.	Buckley	00:48:08	00:48:53	48.
50	Sarah Flanagan	F	19.	Female 45-49	3.	Widnes Running Club	00:48:02	00:48:57	49.

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56	Karen Dodd	F	20.	Female 45-49	4.	Widnes Running Club	00:48:02	00:48:57	50.
337	Rachel Morris	F	21.	Female 40-44	4.	North Wales Road	00:48:31	00:49:10	51.
117	Roger Harrison	M	31.	Male 80+	1.	Prestatyn RC	00:48:26	00:49:14	52.
25	Grahame Brown	M	32.	Male 55-59	2.	(Rhuddlan)	00:48:17	00:49:23	53.
33	Janet	F	22.	Female 60-64	3.	(Caerwys)	00:49:13	00:49:30	54.
26	Rachel Brown	F	23.	Female 50-54	4.	(Rhuddlan)	00:48:25	00:49:30	55.
74	Karl Jones	M	33.	Male 21-34	5.	(Llanberis)	00:49:30	00:49:46	56.
82	Emma Birchall	F	24.	Female 50-54	5.	Prestatyn running club	00:49:35	00:50:31	57.
102	Jack Thomas	M	34.	Male 80+	2.	Buckley	00:49:33	00:50:32	58.
89	Joanne Stanley	F	25.	Female 50-54	6.	Snyde striders	00:50:13	00:50:40	59.
77	Gareth Edwards	M	35.	Male 21-34	6.	(Prestatyn)	00:50:18	00:50:48	60.
80	Matt Roberts	M	36.	Male 21-34	7.	(Rhyl)	00:50:21	00:50:50	61.
24	Paul Sear	M	37.	Male 70-74	4.	(Newtown)	00:50:29	00:51:36	62.
81	Joan Wood	F	26.	Female 60-64	4.	(Widnes)	00:51:07	00:52:01	63.
366	Simon	M	38.	Male 60-64	3.	Buxton AC	00:51:26	00:52:40	64.
57	Claire Harper	F	27.	Female 45-49	5.	(Hawarden)	00:51:43	00:52:53	65.
58	Amanda Scotter	F	28.	Female 35-39	3.	(Norwich)	00:51:44	00:52:53	66.
114	Kerry White	F	29.	Female 45-49	6.	Sneyd Striders	00:52:13	00:52:58	67.
69	Jacqueline	F	30.	Female 50-54	7.	(Abergele)	00:52:29	00:53:02	68.
105	Elizabeth Moore	F	31.	Female 45-49	7.	Widnes Running Club	00:52:37	00:53:04	69.
104	Lisa Whittall	F	32.	Female 50-54	8.	Widnes Running Club	00:52:37	00:53:04	70.
643	Emma	F	33.	Female 45-49	8.	Buxton AC	00:51:54	00:53:10	71.
95	Justin Nellist	M	39.	Male 40-44	2.	Derbyshire Dynamos	00:51:56	00:53:13	72.
79	Adele Thornton	F	34.	Female 40-44	5.	Buxton AC	00:51:56	00:53:13	73.
275	Sonja Griffiths	F	35.	Female 55-59	1.	GOG Triathlon Club	00:53:15	00:53:48	74.
92	Louise Smith	F	36.	Female 50-54	9.	Sneyd Striders R.C.	00:53:24	00:53:51	75.
112	Arwel Lloyd	M	40.	Male 60-64	4.	(Holywell)	00:52:56	00:54:05	76.
341	Elsa Mackay	F	37.	Female 55-59	2.	Lawley running club	00:53:35	00:54:24	77.
15	Kathryn Johnson	F	38.	Female 40-44	6.	Dwygy dashers	00:53:23	00:54:42	78.
51	Bethan Wynne	F	39.	Female 55-59	3.	Porth Eirias Runners	00:54:41	00:55:48	79.
83	Mandy Bowler	F	40.	Female 55-59	4.	Porth Eirias Runners	00:54:42	00:55:49	80.
30	Gillian Tudur	F	41.	Female 35-39	4.	Clwb Run Wales	00:55:46	00:56:57	81.
90	Denis Newe	M	41.	Male 55-59	3.	(Prestatyn)	00:56:45	00:57:23	82.
627	Angela Roberts	F	42.	Female 50-54	10.	(Wallasey)	00:57:09	00:57:53	83.
626	Sharon Bowman	F	43.	Female 50-54	11.	(RHUDDLAN)	00:57:09	00:57:53	84.
347	Emma Cobby	F	44.	Female 40-44	7.	Sneyd Striders R.C.	00:57:07	00:57:58	85.
98	Andy Colquitt	M	42.	Male 55-59	4.	Sneyd Striders	00:57:07	00:57:58	86.
97	Teressa	F	45.	Female 45-49	9.	Sneyd Striders	00:57:07	00:57:58	87.
14	Steve Lyons	M	43.	Male 60-64	5.	Lonely Goat RC	00:57:14	00:58:05	88.
75	Linda Osborne	F	46.	Female 55-59	5.	Shropshire Shufflers	00:57:57	00:58:43	89.
22	Sue Jeff	F	47.	Female 60-64	5.	Buxton AC	00:57:32	00:58:48	90.
23	Natalie Bailey	F	48.	Female 45-49	10.	(Rhyl)	00:58:09	00:59:06	91.
12	Sue Crookes	F	49.	Female 50-54	12.	(Padfield)	00:58:04	00:59:20	92.
3	Claire Taylor	F	50.	Female 21-34	5.	(Rhyl)	00:59:45	01:00:24	93.
110	Janette	F	51.	Female 60-64	6.	(Rhyl)	00:59:50	01:00:30	94.
2	Ann Frost	F	52.	Female 65-69	3.	(Rhyl)	01:00:04	01:01:17	95.
17	Shane Davies	M	44.	Male 35-39	4.	(Abergele)	01:01:03	01:01:59	96.
304	Jennie Light	F	53.	Female 45-49	11.	Buxton athletic club	01:00:43	01:02:00	97.
54	John Dargavel	M	45.	Male 60-64	6.	Sneyd Striders R.C.	01:02:36	01:03:01	98.
47	Jacqui Barker	F	54.	Female 55-59	6.	(Sheffiled)	01:04:44	01:05:33	99.

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13	Nina Waring	F	55.	Female 45-49	12.	(Rhuddlan)	01:07:35	01:07:50	100.
91	Helen Davies	F	56.	Female 50-54	13.	Sneyd Striders	01:08:42	01:09:10	101.
46	David Barker	M	46.	Male 50-54	6.	(Sheffield)	01:13:55	01:14:47	102.

Number of records: 102